

29 JUNE VOL1 ISSUE 3

# VOLUNTEER AND GO!

## VOL'GO!

Volunteer and Go! is an Erasmus KA2 project aiming to enhance the possibilities of young adults to volunteer in EU area.

Sosped coordinates Vol'Go! and promotes and reviews the project, focusing on its project management and on adaptability in changing situations, and constant, regular feedback.



## CYPRUS, NICOSIA SECOND LTTA

June 26 - 30

The 2nd Learning Teaching and Training Activity for the VolGo project took place in Cyprus between June 26 to June 30 2023 at STANDO's premises, with the participation of representatives from Cyprus, Finland, Slovenia, and Portugal.

During the training, a representative from each partner undertook the presentation of the results of the project, adding educational and entertainment elements. In addition to the PRs of the project, the trainers showed the trainees the basic elements of inclusive volunteering in their countries.

The training ended with a tour in the old town of Nicosia and a visit to the Severi's Museum where the trainees had the opportunity to learn about the intangible cultural heritage of the island



Co-funded by the  
Erasmus+ Programme  
of the European Union

**"THE EUROPEAN COMMISSION SUPPORT FOR THE PRODUCTION OF THIS PUBLICATION DOES NOT CONSTITUTE AN ENDORSEMENT OF THE CONTENTS WHICH REFLECTS THE VIEWS ONLY OF THE AUTHORS, AND THE COMMISSION CANNOT BE HELD RESPONSIBLE FOR ANY USE WHICH MAY BE MADE OF THE INFORMATION CONTAINED THEREIN."**



## LTTA PROGRAM

**Day 1 - PR1:** The first day was under the responsibility of the organizers who, after welcoming the participants in Nicosia, made a small introduction to the project and its significance for the future of volunteering in Europe. Then there was a presentation on the results of PR1, which led to a creative dialogue between the participants. The day ended with a fun game.

**Day 2 - PR2:** On the second day, Pista Magica from Portugal took over, where, in addition to the importance of inclusive volunteering, they presented the results of PR2. The presentation once again led to an interesting discussion which, like the previous day, ended with a particularly interesting activity/game.

**Day 3 - PR3:** The coordinator of the project, Anna Purola, starts the day with a review of the path of the project, from the level of its writing until today. He then reported and presented the results of PR3. In the second part of the day, the Sosped team turned Stando into an excellent simulation of Finland's Cultural houses, achieving the enthusiasm of all participants

**Day 4 - VolGo! activities:** On the fourth day, the participants had the opportunity to have fun and at the same time learn through the excellent activities of the trainers from the Mreza Mama organization. The day was spent in various activities and games in empowering young people and information about volunteering in Slovenia. At the end of the day, the trainers had the opportunity to meet and review the past week.

**Day 5 - Venture the old Nicosia:** on the last day of the training, the organizers organized a morning walk in the old walled city of Nicosia. The city tour led to the Severis museum where the trainees had the opportunity to learn more about the intangible cultural heritage of the island.



### *Reflection and Next steps*

In general, the LTTA was successful and the feedback received from the participants was positive.

Some of the participants gave advice and share their reflections on the project and training and we thank them for that.

During the training the partners put down the next steps and after the end of the summer they are ready to start dynamically.



Co-funded by the  
Erasmus+ Programme  
of the European Union

"THE EUROPEAN COMMISSION SUPPORT FOR THE PRODUCTION OF THIS PUBLICATION DOES NOT CONSTITUTE AN ENDORSEMENT OF THE CONTENTS WHICH REFLECTS THE VIEWS ONLY OF THE AUTHORS, AND THE COMMISSION CANNOT BE HELD RESPONSIBLE FOR ANY USE WHICH MAY BE MADE OF THE INFORMATION CONTAINED THEREIN."